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## Editorial

# Welcome to the 20th issue of DARCO India Newsletter

Dear Reader,

Our quarterly publication is now in its 5th year. We provide broad based information to members of the medical community and to our distributors throughout India. Our objective with the E-News is multi-faceted. We want to elevate awareness, promote education and share expertise. Plus unify our partners here in India. By building a network for our partners and the institutions in the field, we hope to provide practical insights into the day-to-day operations and the shared challenges we face. And in this issue, we're happy to pass-on the latest news:

### D-FOOT international now offers e-learning modules!

Most recently we have joined forces with D-FOOT international; a global network specializing in the care of the diabetic foot. By sponsoring D-FOOT international and other such worthy organizations we can help promote proactivity and support local activities. Jointly with UNFM, D-FOOT developed an “e-footcare” online learning module to address basic diabetic foot care skills and knowledge. We invite you to visit the website [www.d-foot.org](http://www.d-foot.org) and learn more about the mission of this organization.

Read on and learn more about DARCO, our partners and associates – we're all working on the same goal.  
Let's make a difference.



DARCO – Your partner for professional foot care!

Yours sincerely

Shashi Surpali  
CEO DARCO Medical India Pvt. Ltd.

## News & Notes



Dr. Arun Bhikedeo Bal and Dr. Zulfiqarali G. Abbas on the occasion of D-FOOT FORUM meeting, Brussels.

# Knowing the latest trends in the market...

... and from multiple perceptions... Our global operations allow us to have a broad perspective on health care and orthopaedic solutions. A critical part of our innovative process is taking into consideration the points of view from all angles: Surgeons, technicians, health care providers and patients. Participating in congresses and scientific lectures across multiple continents provides us a first-hand understanding of ‘patient care’ concerns and challenges.

Our innovations are based on “best practice” solutions while maintaining a cost-effective means for our distributors; keeping us close to our goal to improve the quality of life for the patient.

This summer we have three important events that are related to India. The first is the 4th A-DFS Annual Conference (Association of Diabetic Foot Surgeons) in London, June 28-29, where highly respected Dr. Arun Bhikedeo Bal is one of the international speakers, as well as the annual meetings of Diabetic Foot Society of India, (DFSI 2018) and Indian Foot and Ankle Society (IFASCON 2018), both taking place August 31st – September 2nd. We'll be there listening and learning.



## DARCO Medical India Pvt. Ltd and our partners

### Get to know our distributors: Revive International: Ghaziabad / Uttar Pradesh

In India, we face a special challenge in caring for the foot across this enormous area of land. How best can we provide the education and services? One simple answer: Through our distributors.

Cultural norms often influence how society treats and deals with the needs of the people for medical care. Protecting people's feet and getting the information out to those who need it are just two of the primary objectives. We here at DARCO India, want to support wound management organisations and health care facilities to provide quality foot care solutions to help make a difference in a still ever growing, worldwide health care problem. We make quality footwear and make it available for as many people in need as possible throughout the world.

#### Distributor – Revive International

**Revive International** was founded in 2012 with a vision and a commitment to pledge their resources to offer practical solutions and provide education for the treatment and prevention of diabetic and traumatic foot ulcers. Revive has built a team of enthusiastic professionals dedicated to servicing the community and upholding the highest of ethical standards. Their offerings range from footwear specifically designed to control plantar pressure on the foot to providing education and community support throughout their region. Revive carries the complete DARCO India product range and have proven through their resourcefulness and dedication that they are truly a member of the DARCO family.

DARCO products are distributed across India through our authorized distributors. Please contact our head office or directly get the contact information of your distributor on our website:

[www.darco.in/distributors-india.html](http://www.darco.in/distributors-india.html)



**DARCO India Pvt. Ltd., Dharwad / Karnataka**

- 1 **Profeet Enterprises**, Mumbai / Maharashtra
- 2 **Limitless**, Pune / Maharashtra
- 3 **S4 Medical Supplies LLP**, Pune / Maharashtra
- 4 **Tee & Cee Enterprises**, Goa / Goa
- 5 **Foot Solutions**, Mangalore / Karnataka
- 6 **Spacer Associates**, Changanacherry / Kerala
- 7 **Care & Cure Inc.**, Kotturpuram / Tamil Nadu
- 8 **Dera Enterprises**, Chennai / Tamil Nadu
- 9 **Sinhoodi Surgicals**, Hyderabad / Telangana
- 10 **Dr. Panda Memorial Locomotor Rehabilitation Clinic**, Bhubaneswar / Odisha
- 11 **Heel 2 Toe**, Kokata / West Bengal
- 12 **Revive International**, Ghaziabad / Uttar Pradesh
- 13 **Stylomed**, New Dehli / Dehli NCR
- 14 **JJ Enterprises**, Zriakpur / Chandigarh
- 15 **BMW Health Care**, Surat / Gujarat
- 16 **Tanmay Enterprise**, Ahmedabad and Gandhinagar / Gujarat



#### Revive International

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## Resources and Education

# DARCO India Information Material – free of charge

DARCO Medical India Pvt. Ltd. knows that with the right products coupled with good service and proper education, we can make a difference. Our Innovations are backed by years of experience and scientific knowledge.

Sure, we want to help every individual to proactively make the right decision but we also want to provide knowledge so people can help themselves as well as help the people they care for. This is why the DARCO E-News is an important part of our efforts. Through the publication we can inform Dr.s, nurses and practitioners with valuable information on caring for the feet, and just how important proper management and footwear is for prevention and healing.

## Introducing “STOP the Pain” Patient Brochure

**Heel spurs and heel pain – Why?** Heel pain is among the most frequent types of pain occurring in the foot. In general, the pain is caused by oversteering the plantar fascia. Due to overuse, the connection of the plantar fascia at the calcaneus can get inflamed which is also known as plantar fasciitis. Nearly 10 % of the population suffer from either heel spurs or plantar fasciitis. Treatment options for plantar fasciitis include rest, massage therapy, stretching, weight loss, night splints, proper shoes and physical therapy. If not treated properly and effectively, a plantar fasciitis case can result in the development of a heel spur.

Find out more about this and how to treat through this handy brochure now available to you free of charge. Just simple contact our offices and we'll be happy to send you one today.

### “STOP the Pain” Patient Brochure

## Stretching exercises – Be active for rapid healing!



### How common is plantar fasciitis?

Plantar fasciitis is common. Around 1 in 10 people will get plantar fasciitis at some time in their life.

### Causes

Multiple factors likely cause plantar fasciitis. It tends to affect people between 40 and 70 years of age, more likely in women, people who are overweight, or have jobs that require a lot of walking or standing on hard surfaces. Runners may be at a higher risk. People with flat feet or high arches are also more prone to plantar fasciitis.

Are you suffering from heel pain?  
We can help you!

**STOP THE PAIN!**

Heel pain can be effectively combated with the proven Body Armor® Night Splint.



**DARCO**

For further information e.g. catalogues, flyers or instructions for use please visit our rubric “Downloads” on our website:  
[www.darco.in/information-foot-ankle-products.html](http://www.darco.in/information-foot-ankle-products.html)





## Events

### June 2018

21st – 23rd June 2018

**British Orthopaedic Foot and Ankle Society Principles of Foot and Ankle Surgery, Bangalore, Karnataka**

[www.msralc.org/course\\_detail/BOFAS---23rd-Principles-of-Foot-and-Ankle-Surgery-Course/933](http://www.msralc.org/course_detail/BOFAS---23rd-Principles-of-Foot-and-Ankle-Surgery-Course/933)

28th – 29th June 2018

**Joint 4th ADFS Annual Conference and King's Charcot Foot Reconstruction Symposium, London, UK**

[www.a-dfs.org/conference-2018](http://www.a-dfs.org/conference-2018)

### August 2018

15th – 18th August 2018

**Trauma Society of India, Mumbai, Maharashtra**

[www.traumaconmumbai.com](http://www.traumaconmumbai.com)

31st August – 2nd September 2018

**16th Annual National Conference of the Diabetic Foot Society of India-DFSICON, Hyderabad, Telangana**

[www.dfsicon2018.com](http://www.dfsicon2018.com)

31st August – 2nd September 2018

**31st annual meeting of Indian Foot and Ankle Society-IFASCON 2018, Vadodara, Gujarat**

[www.ifascon2018.com](http://www.ifascon2018.com)

## Imprint

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